

## Move-In Procedure

Below are the Move-In requirements for entry into Hopedale commons.

1. Completion of Hopedale Commons Admission Booklet
2. Completion of Physical Therapy Screening prior to admission.  
This appointment as well as Physician appointment should be setup by the resident's family.  
Please contact the Director or Secretary for numbers to call.  
After appointments are made, please contact our office with the information.
3. Completion of Move-In physical completed by a physician from HMC Medical Arts Office.
4. Approval of Move-In Physical and Physical Therapy Evaluation. (Resident(s) cannot move into an apartment until both examinations are completed.)
5. Move-in application completed and turned into into Assistant manager of either Commons East or Commons West.
6. Reserve apartment and deposit if applicable
7. Set date for moving into apartment
8. Sign Contract. Must be signed before moving into apartment
9. Pay first month's rent and security deposit. Note: Financial assistance (reduced rent) is available for those residents who qualify. Please inquire of the Director for an application.
10. Please provide copies of insurance cards, POA or Guardianship papers and living will as part of a requirement for admission.

**Residents of Hopedale commons must meet the following requirements:**

1. Able to feed and dress themselves with some assistance
2. Able to bathe with some assistance
3. Able to take medications with medication reminder
4. Able to ambulate on their own with use of wheelchair, walker, or cane
5. Must be continent of bowel & bladder. May use incontinent briefs, but must be managed by the resident



## Move-In Application

www.HopedaleSeniorLiving.com

309.449.6790

221 SW Railroad St - Hopedale, IL 61747

### Hopedale Commons Assisted Living/Independent Living Move-In Application:

Date of Pre Move-In Physical \_\_\_\_\_ Physician's Name \_\_\_\_\_ Appointment Time \_\_\_\_\_

Date of Physical Therapy Eval \_\_\_\_\_ Appointment Time \_\_\_\_\_ Projected Move-In Date \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Birthplace \_\_\_\_\_

S.S.# \_\_\_\_\_ Medicare# \_\_\_\_\_ Marital Status M W D

Nearest Relative \_\_\_\_\_ Relationship \_\_\_\_\_ (Relative's Spouse's Name) \_\_\_\_\_

Address \_\_\_\_\_

Power of Attorney Name \_\_\_\_\_ Ph# \_\_\_\_\_ (POA's Spouse's Name) \_\_\_\_\_

Address \_\_\_\_\_

Religion \_\_\_\_\_ Clergy \_\_\_\_\_ Ph# \_\_\_\_\_ Address \_\_\_\_\_

### ANSWER ALL QUESTIONS REGARDING RESIDENT:

What is the current condition requiring the need for assisted or independent living:?

\_\_\_\_\_  
\_\_\_\_\_

Is resident able to speak and verbalize needs? Y or N In English? Y or N

If no, how does resident communicate or use what language? \_\_\_\_\_

Has resident had a history of falls? Y or N Date of last fall (if applicable) \_\_\_\_\_

Does resident have a Urostomy or Colostomy? Y or N Explain \_\_\_\_\_

Does resident use Oxygen? Y or N If yes, what liters per minute? \_\_\_\_\_ L/min

Has resident recently been treated for MRSA, Clostridium Difficile or any other contagious infection or disease? Y or N

If yes, when and where \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

When was resident's last hospital stay? \_\_\_\_\_



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### Application

Does resident have a history of dizziness, stroke, congestive heart failure, or heart attack?

Please Explain: \_\_\_\_\_

Is resident continent of urine? Bowel? Please Explain: \_\_\_\_\_

Does resident use incontinent briefs I.E. Depends, Attends, Etc. Y or N \_\_\_\_\_

Does resident wear compression hose ("Juzo")? Y or N \_\_\_\_\_

Does resident have issue of depression or mental instability? Y or N Explain: \_\_\_\_\_

### Education

Grammar \_\_\_\_\_ School \_\_\_\_\_ High School \_\_\_\_\_ College \_\_\_\_\_ Advance Degree \_\_\_\_\_

Military: Y or N \_\_\_\_\_

Is applicant a Registered Voter? Y or N If no, would he/she like to register? Y or N N/A

Does resident own a vehicle that will be brought to commons? Y or N

If yes, please provide model, make, and license plate number \_\_\_\_\_

Do you wish to rent a carport space? Y or N

Do you have a valid Driver's License? Y or N

Please provide a copy of your Driver's License.

Signature of resident: \_\_\_\_\_ Date \_\_\_\_\_

OR:

Signature of Patient/Resident Representative: \_\_\_\_\_ Date \_\_\_\_\_

Ph# \_\_\_\_\_

Signature of Patient/Resident Representative: \_\_\_\_\_ Date \_\_\_\_\_

Ph# \_\_\_\_\_

Responsible party address: \_\_\_\_\_

Email: \_\_\_\_\_

### FOR OFFICE USE:

Admit Date: \_\_\_\_\_ Apt.# \_\_\_\_\_ Rate: \_\_\_\_\_ Auth Initials: \_\_\_\_\_



## Hopedale Commons Assisted Living/Independent Living Dietary Needs:

Difficulty Swallowing Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_

Recent Weight Change Yes \_\_\_ No \_\_\_ Special Equipment for Eating Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_

Dietary Restrictions? Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_

Food Allergies Yes \_\_\_ No \_\_\_ Explain \_\_\_\_\_ Snacks between meals Yes \_\_\_ No \_\_\_

Food Likes \_\_\_\_\_ Dislikes \_\_\_\_\_

### Communication

Vision: Left Eye: Normal \_\_\_ Impaired \_\_\_ Blind \_\_\_ Right Eye: Normal \_\_\_ Impaired \_\_\_ Blind \_\_\_

Does Applicant wear glasses? Yes \_\_\_ No \_\_\_ Applicant use communication boards/cards Yes \_\_\_ No \_\_\_

Does the applicant wear a hearing aid(or other adaptive device)? Yes \_\_\_ No \_\_\_ Needs assist with Yes \_\_\_ No \_\_\_

Verbal Communication: No problem/clear speech \_\_\_ Difficult to understand \_\_\_ Uses gestures \_\_\_

Speech is slurred \_\_\_ profane speech \_\_\_ Other \_\_\_\_\_

### Mental Awareness

Mental Awareness: Alert \_\_\_ Coherent Alert/mild disorientation \_\_\_ Confused often \_\_\_\_\_

Orientation: Self \_\_\_ Time \_\_\_ Place \_\_\_ Person \_\_\_\_\_

Short Term Memory: Good \_\_\_ Fair/Some Recollection \_\_\_ Impaired \_\_\_ Highly Impaired \_\_\_\_\_

Long Term Memory: Good \_\_\_ Fair/Some Recollection \_\_\_ Impaired \_\_\_ Highly Impaired \_\_\_\_\_

Attention Span: Good \_\_\_ Fair \_\_\_ Easily Distracted \_\_\_ Highly Impaired \_\_\_\_\_

Ability to make choices: Good \_\_\_ Fair \_\_\_ Easily Distracted \_\_\_ Highly Impaired \_\_\_\_\_

Ability to read: Yes \_\_\_ Large Print \_\_\_ Limited Ability \_\_\_ No \_\_\_\_\_

Ability to speak English: Good \_\_\_ Fair \_\_\_ Poor \_\_\_\_\_



## Dietary Needs

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### Hopedale Commons Assisted Living/Independent Living Dietary Needs:

#### Psychosocial Well-being

Wanders \_\_\_\_\_ Disruptive \_\_\_\_\_ Verbally Loud \_\_\_\_\_ Angry/irritable/anxious/nervous \_\_\_\_\_

Social Concern: \_\_\_\_\_ Explain: \_\_\_\_\_

Sadness over lost roles: \_\_\_\_\_ Prefers to be alone \_\_\_\_\_ Prefers 1:1 \_\_\_\_\_ Prefers to stay in room \_\_\_\_\_

Naps? \_\_\_ AM \_\_\_ PM \_\_\_\_\_ Spends time with family \_\_\_\_\_ Enjoys visiting \_\_\_\_\_ Enjoys being outside \_\_\_\_\_

I am most happy when? \_\_\_\_\_

My favorite time of the year is: \_\_\_\_\_ Because? \_\_\_\_\_

PLEASE INDICATE APPLICANTS USUAL DAILY ROUTINE WITHIN THE LAST 6 MONTHS AS MUCH AS YOU ARE AWARE

Time awakens/goes to bed \_\_\_\_\_

Eating Habits (snacks, meals skipped, etc.) \_\_\_\_\_

Sleeping Habits (interrupted, sleeps most of the night, sleeps in a chair, naps, etc.) \_\_\_\_\_

Any other information about daily routine that may be helpful \_\_\_\_\_

## Hopedale Commons Assisted/Independent Living Activity Interest Survey

Recreation & Leisure	Current	Past	Maybe	No	Recreation & Leisure	Current	Past	Maybe	No
Cards/Other games					Cooking/Baking				
Exercise/Walking/Sports					Movies				
Music					Social Events/Parties				
Reading/Writing					Poetry				
Spiritual/Religious					Bingo				
Being Outdoors					Clubs/Organizations				
Television/Radio					Travel				
Gardening/Planting					Pet Interaction				
Talking or Reminiscing					Intergenerational Programs				
Helping/Assisting others					Puzzles				
Sewing/Knitting/quilting					Collecting (i.e. coins, stamps)				
Crafts/Arts					Other:				
Other:									

Recreational & Leisure interest comments:

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How has illness/poor health changed the patient's leisure interests?

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Strengths & Abilities	1	2	3	4	Strengths & Abilities	1	2	3	4
Able to see/hear					Finds strength in spiritual/faith				
Able to ambulate/propel					Desires new leisure skills				
Able to Socialize					Strives to regain/retain independence				
Strong Identification with Roles					Offers suggestions/ideas				
Develops coping skills/changes					Special Interest/talent				
Leadership Abilities					Establishes his/her own goals				
Desires to help others					Self-initiates				
Aware of environment					Other:				

OTHER:

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Information provided by: \_\_\_\_\_ Date: \_\_\_\_\_



Hopedale Commons Financial Information

Is the resident aware that Hopedale Commons is a private pay facility that does not participate in Medicare, Medicaid or public aid programs? ☐ Yes ☐ No

Will the resident be paying for their care out of private personal funds? ☐ Yes ☐ No

Will a family member be responsible making sure monthly rent will be paid? ☐ Yes ☐ No

If yes, what is name of the family member who will be responsible. \_\_\_\_\_

FINANCIAL INFORMATION: This is very confidential and only seen by Director of Commons and C.O.O.

FUND ACCOUNT:	NAME OF BANK/SOURCE	APPROXIMATE VALUE (PER DAY / MONTH / YR, TTL)
Checking Account		
Savings		
CD's / Securities		
Real Estate Value		
Other (rent, SS, pension, Long Term Care Insurance)		

Signature of resident \_\_\_\_\_ Date \_\_\_\_\_

Or - Signature of resident representative:

\_\_\_\_\_ Date \_\_\_\_\_ Phone Number: \_\_\_\_\_

POA of Healthcare / Finance (circle)

\_\_\_\_\_ Date \_\_\_\_\_ Phone Number: \_\_\_\_\_

POA of Healthcare / Finance (circle)

Responsible Party Address: \_\_\_\_\_

Email: \_\_\_\_\_

**FOR OFFICE USE:**

Admit Date: \_\_\_\_\_ Apt.# \_\_\_\_\_ Rate: \_\_\_\_\_ Auth

Initials \_\_\_\_\_ Please seal and return in enclosed envelope.



## Services Not Provided

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### Services not provided by Hopedale Commons

**The following is a list of services that the staff at Hopedale Commons CAN NOT provide:**

1. Daily baths, but can provide baths one to two times weekly.
2. Catheter care
3. Colostomy Care
4. Wound Care
5. Post-surgery assistance  
(this includes assistance each time resident must use bathroom or transfer from wheelchair).
6. Assistance each time a resident must get dressed or undressed
7. Assistance each time a resident comes to or from the dining room

**Resident and/or family members are responsible for the following items:**

1. Laundry basket with resident's name on it
2. Bedspread or comforter for the bed and pillows
3. Toiletries: soap, toothpaste, toothbrush, comb, shaving items, etc.
4. Bath rug with resident's name on it
5. Special light bulbs. Batteries for radio, clock, hearing aids, flashlights, etc.

**PLEASE DO NOT BRING ELECTRICAL APPLIANCES SUCH AS TOASTERS, TOASTER OVENS, ELECTRIC COFFEE MAKERS, IRONS, ELECTRIC HEATING PADS, CURLING IRONS, ETC. WITHOUT APPROVAL OF THE DIRECTOR. THESE ITEMS MUST BE CHECKED BY THE MAINTENANCE DEPARTMENT BEFORE THEY ARE ALLOWED IN A RESIDENT'S APARTMENT.**

Some small personal items may be purchased at our gift shop on site or on our monthly trip to Wal-Mart.





If you do not wish to contract a nurse for this medication service, you may make your own arrangements and discuss them with the Administrator.

**\_\_\_ Yes, I wish to contract services of a nurse to fill the medication tray for \_\_\_\_\_**

**\_\_\_No, I will make other arrangements to provide medication services for\_\_\_**

**Resident Signature:**\_\_\_\_\_

**POA Signature:** \_\_\_\_\_

Date: \_\_\_\_\_





## New Residents

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### Hopedale Commons Assisted Living/Independent Living:

We, at the Commons, are asking residents and/or family members who are their guarantors if you wish to have Hopedale Pharmacy fill your family member's prescriptions.

Yes, I wish to use Hopedale Pharmacy to fill \_\_\_\_\_ Prescriptions.

No, I wish to use \_\_\_\_\_ /// \_\_\_\_\_  
to fill \_\_\_\_\_ Prescriptions.

We encourage our residents to be physically fit. For more information please contact the Membership Coordinator of the Hopedale Wellness Center at 309-449-4500.

### ITEMS TO BE SUPPLIED BY NEW RESIDENTS ARE AS FOLLOWS:

Bedsread and Pillows  
Laundry basket (with name of resident)  
Bath Rug (Non-Skid backing)  
Flashlight and batteries  
Personal grooming items  
Clock  
Additional phone  
Special light bulbs (if needed)  
\$10.00 for nameplate

### ALL CLOTHING MUST BE MARKED WITH A RESIDENT'S NAME WITH PERMANENT MARKER

### REMINDER

Please remember to bring copies of current Medicare, Social Security Card, Living Will, Secondary insurance cards, Prescription cards, Power of Attorney of Finance, if another person other than resident will be paying bills.

Please return all above information to Director of Commons office in order to accurately expedite the admission process.

Thank you for your prompt and thoughtful attention to these questions. This information will greatly assist us in providing the best care possible for your family member as they become a member of our community in Hopedale Commons.



## Records Release

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### PATIENT'S CONSENT TO RELEASE PROTECTED HEALTH INFORMATION (PHI)—ADULTS Medical Records Department (309) 449-4288 ADULT PATIENT

Patient's Name (please print) \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Patient's Complete Address \_\_\_\_\_

The undersigned hereby authorizes use or disclosure of Protected Health Information (PHI) about the patient named above and described below.

1. Hopedale Medical Complex (HMC), including Hopedale Hospital, Hopedale Nursing Home, Medical Arts Physicians, Hopedale Pharmacy, Hopedale Wellness Center, Hopedale Commons and all its entities/employees are authorized to use or disclose Protected Health Information (PHI) about the patient. "PHI" includes individually identifiable information and medical records relating to patient's health, healthcare provider, billing, insurance and demographic information.

2. The following person (or class of persons) is authorized to receive disclosure of (PHI) about the patient. His/her name, address, and phone:

(a) \_\_\_\_\_ (b) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. The specific medical records/PHI that should be disclosed are (please give dates of service if possible):

(a) ALL PHI (initial here) \_\_\_\_\_

(b) Only the following PHI \_\_\_\_\_

Note: For hospital in-patients, HMC may release the patient's general condition (Good, Fair, etc.) to all persons inquiring (including family) unless you initial here: \_\_\_\_\_ DO NOT DISCLOSE PATIENT CONDITION

4. The undersigned understands that the information used or disclosed may be subject to re-disclosure by the person or class of persons or facility receiving it, and would then no longer be protected by federal privacy regulations.

5. The undersigned may revoke this authorization by notifying Hopedale Medical Complex Medical Records Department or the Chief Operating Officer. However, the undersigned understands that action already taken in reliance on this authorization cannot be reversed, and a revocation will not affect those actions. The undersigned understands that HMC may not condition its treatment of the patient on whether or not this authorization is signed.

6. This authorization expires 6 years from today's date, and will remain valid even if Patient becomes incapacitated following signature. If patient wants authorization to expire sooner or upon some future event, indicate here: \_\_\_\_\_

Fees for copies: Federal and state laws permit a fee to be charged for the copying of patient records. You may be required to pre-pay for the copies; if not, then your copies will be mailed along with an invoice. You agree to pay said invoice within 30 days.

THIS FORM MUST BE COMPLETED BEFORE SIGNING:

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date of Signature

\_\_\_\_\_  
Date of Birth or S.S.#

OR, if applicable-

\_\_\_\_\_  
Signature of Guardian or Personal Representative Date of Signature

\_\_\_\_\_  
Description of Authority  
(POA, Guardian, Executor)

\*A COPY OF THIS COMPLETED, SIGNED AND DATED FORM MUST BE GIVEN TO THE INDIVIDUAL OR OTHER SIGNATOR





## POA/Family Information

We at Hopedale Commons would like to offer the following suggestions for residents of Hopedale Commons.

1. Always leave an emergency number if you are going to be out of town. We may need to contact you or someone you designate if there is an emergency.
2. If you have not already done so, please discuss Living Will with your family member
3. Please visit your family member on a regular basis. Weekly would be great, especially weekends when most of our staff and activities are at a minimum and the days seem longer. Residents enjoy car trips and going out to eat.
4. Please coordinate any appointment you make for your loved one with our nurse, transport person, or Director. Many times if we know about the appointments we can have the resident ready, meds ready, etc.
5. Please use the "Sign Out" book located on the shelf near the Visitor's Book.
6. Also, if you will be returning after 8:30p.m., there is a doorbell to use after hours or a 24-hour phone number to call if the door is locked. The phone number is 309-449-6790.
7. Finally, if your family member has any complaints or problems, please advise the Director. If it is an urgent concern please call Director at 309-449-4939. If the concern is non emergent, please see the Director on the next business day.

Thank you for your cooperation and assistance in giving your family member the most comfortable and personal care possible here at Hopedale Commons.

### Policy for notification of Resident's Family

It is the policy of Hopedale Commons Assisted and Independent Living to notify designated family members and/or POA when a resident has an incident or is taken to the Emergency Room for any reason.

It will be the responsibility of the Director of the Commons to contact the above named or designate a Commons staff member to make the necessary phone call.

This call will only inform family or POA that a resident has had an incident or is in the Emergency Room. All other medical questions will be referred to attending Physician and nursing staff.

Furthermore, if a resident's Emergency Room visit becomes an overnight stay in the hospital it will be the Director's responsibility or designated Commons staff members to inform family of the upgrade in care. If there is a significant change in a resident's condition or if it is necessary to terminate the residency at Hopedale Commons Assisted and Independent Living, it will be the responsibility of the Director of Commons to contact the family and POA to setup an appointment to discuss the above-mentioned issues.